

Written by Ken Freirich

## **The Spirit inside of us**

### **Intro**

The Spirit inside of us is what we need to find  
The Spirit inside of us will guide our minds

### **Verse 1**

These are tough times  
Our lives just crumbled like land mines  
Cant believe this happened to us  
Feels like we were hit by a bus

So much heartache and despair  
Life is not very fair  
The pain inside runs so deep  
Can't even try, try to sleep

### **Chorus 1**

The spirit inside of us  
Is what we need to find  
The spirit inside of us  
Will guide our minds  
The spirit inside of us  
Will show us the way  
We need to have faith  
to carry on for another day

### **Verse 2**

How do we keep on living  
How do we get by  
Thought of another day  
makes me, makes me want to cry

It won't be easy  
One step at a time  
We'll find a path  
For this uphill climb

Keep on looking  
And you'll find sunshine  
Family and friends can be your rock  
Put aside the past  
Time to turn back the clock

## **Chorus 2**

The spirit inside of us  
Is what we need to find  
The spirit inside of us  
Will guide our minds  
The spirit inside of us  
Will show us the way  
We need to have faith  
to carry on for another day

## **Bridge**

Never give up trying  
Even if you're crying  
You gotta hang in there  
Cause hope is our best prayer

## **Chorus 3**

The spirit inside of us  
Is what we need to find  
The spirit inside of us  
Will guide our minds  
The spirit inside of us  
Will show us the way  
We need to have faith  
to carry on for another day

## **Chorus 4**

The spirit inside of us  
Is what we need to find  
The spirit inside of us  
Will guide our minds  
The spirit inside of us  
Will show us the way  
We need to have faith  
to carry on for another day